

# Video Recording Task Checklist

1. Search for “X treatment/solution in Y area/city/state” (pro tip: if you can’t find any questions or run out of ones to cover, remove the “Y area”)
2. Look for the accordion questions and write down the ones you like.
3. Repeat steps 1 & 2 until you have 15-20 questions written down.
4. Set up your phone and or camera on a tripod, elevated surface, or hold it in your hand with good enough lighting (preferably natural).
5. Make sure the phone is recording in vertical format.
6. Take 30 seconds to a minute to think about what you’ll cover.
7. Write down bullet points if you think you’ll forget them.
8. Follow the free or paid method steps for editing.
9. Post your video on the platforms you like.

You can find more information at [agencyveritas.com/training](https://agencyveritas.com/training)